RE-ENTRY
RECOVERY
RENEWAN

HIGH SCHOOL PBIS
VIRTUAL SYMPOSIUM SERIES

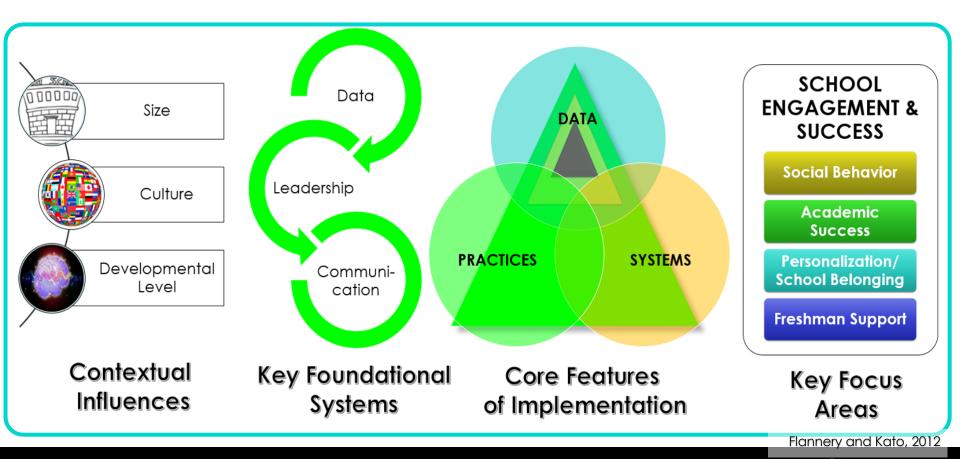
SPRING SESSION WORKSHOP



Emerging from the Pandemic: Balancing Academic Rigor with Social Emotional Competencies Within Your PBIS Framework

Jennifer Freeman Ph.D.

Center for Behavioral Education Research (CBER) at the University of Connecticut



HS-PBIS Implementation

RE-ENTRY RECOVERY RENEWAL

HIGH SCHOOL PBIS VIRTUAL SYMPOSIUM SERIES

SPRING SESSION





BE THE TRANSFORMATION



INSPIRATION INTENTION ACTION REFLECTION

Agenda

What does emerging from pandemic look like? How do we prioritize outcomes post pandemic?

- How do we organize supports to meet new student need?
- What practices will support academic and SEB growth?
- How do we know if what we are doing is working?

Goal: Develop action plans to support the implementation of an integrated system of supports



Emerging from the Pandemic

- 2 Key Questions to Guide Next Steps:
- How affected was your community and what phase of recovery are you in?
- How affected was your PBIS framework and what phase of implementation are you in?



Crisis Recovery is Predictable (but not always linear)

Immediate Crisis Reponses

Initial Recovery

Intermediate Recovery

Enhanced Implementation

What it looks like:

- Adapted procedures may become permanent
- Systems become more flexible and tailored to student and educator need

What it feels like:

 Educators, students, and families begin to develop trust in a system that is meeting their needs



What Phase of Recovery is Your Community In?





PBIS Implementation Stages

Getting Started	Strengthening
 There is an explicit commitment to implementation Schools were not implementing with fidelity prior to the crisis 	Schools were implementing with at least tier 1 fidelity prior to the crisis Strong district commitment and infrastructure to support implementation at the school
 District or school teams are in training or action planning stages but have not yet begun schoolwide implementation 	level exists



What Stage of PBIS Implementation is Your School/District Currently in?





Immediate
Crisis Response

Ensure Safety

Initial Recovery

Stabilize Learning Environment Intermediate Recovery

Differentiate Based on Data

Enhanced Implementation

Promote Culture of Wellness

Getting Started

Implementation Level
Strengthening

- Ensure physical & emotional safety of all
- Implement clear
 communication &
 resource
 distribution plan

- Prioritize <u>staff</u> wellness
- Invest in positive, predictable, & safe tier 1 classroom practices
- Enhance existing tier 1 supports to teach & reinforce new protocols
- Include mental health supports

- Invest in <u>tier 1</u>

 <u>practices</u> schoolwide
- Use <u>existing data</u> to screen & match student to supports
 - Refine tier 1 based on data
- Enhance <u>screening</u> <u>protocol</u>
- Develop/enhance tier 2 & tier 3 support to match need

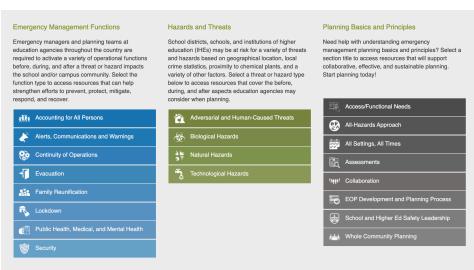
Use <u>data</u> to make ongoing adjustments to an <u>evidence-based</u>, <u>trauma-informed</u>, & <u>equitable</u> continuum of supports



Immediate Response Resources

Goal: Ensure Safety





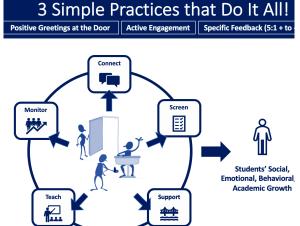


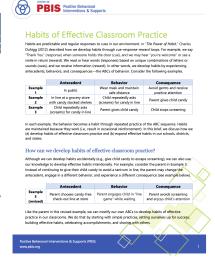
Initial Recovery Resources

Goal: Stabilize the Learning Environment

Getting Started

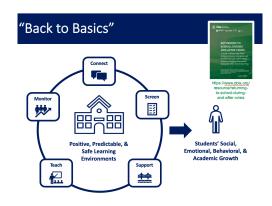
DRAFT Staff Wellness Brief





Strengthening









Intermediate Recovery Resources

Goal: Differentiate with Data

Setting Started



What is Tier I Support?

Tier 1 systems, data, and practices impact everyone across all settings. They establish the foundation for delivering regular, proactive support and preventing unwarred behaviors. Tier 1 emphasizes procords likit and expectations by teaching and acknowledging agencyprise studient behavior. Teams, data, consisten policies, professional development, and evaluation are essential components for these practices or work effectively.

The core principles guiding Tier 1 PBIS include the understanding that we can and

- . Effectively teach appropriate behavior to all children
- Use research-hased scientifically validated interventions whenever nossible · Monitor student progress
- · Use data to make decision
- **Foundational Systems**





A defining feature of PBIS is continuous improvement driven by data. Teams collect and analyze data to diagnose problems or gaps and select strategies to address these challenges. Data tell us which strategies are most effective so we continue to include them in our repertoire

What Is Data-Based Decision Making?

Data are an integral part of PBIS implementation, woven throughout every practice and system across every tier. School teams who use data to make decisions about student challenges are more effective and efficient than teams who don't include data in their process. In PBIS, the data used most frequently fall into three categories: implementation fidelity, student outcomes, and screening. The first step to using data to make decisions is to figure out which questions teams want to answer. Once they have these questions, they can figure out which data to collect





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Data are an integral part of PBIS implementation, woven througho make decisions about student challenges are more effective and effici used most frequently fall into three categories: implementation fide decisions is to figure out which questions teams want to answer. On



these instructional contexts to meet students' multiple needs. A key feature of implemented in-person, remotely, or in hybrid learning environments is accur who may require more intensive interventions at Tier 2 (e.g., Check/In, Check/I functional assessment-based interventions), in addition to high-fidelity implen Academic and behavior screening tools are designed for this purpose. Namely used with other information collected as part of regular school practices to in examining the overall level of risk of students in a school. (b) determining the teacher-delivered supports (e.g., instructional choices and precorrection), and With the new range of instructional contexts being offered, many educators as

PBIS Positive Behavioral Interventions & Supports

Systematic Screening for Behavior in Current K-12 Instructional Setti District and school leaders are engaging in a complicated data-informed de

provide aducators and students with positive, productive, and safe learning or are providing families with a range of instructional opportunities including in-learning environments. The Center on Positive Behavioral Interventions and Su

several timely, on-demand resources with guidance on how to use tiered syst-

regarding how to conduct systematic screenings for behavior across these diff

educators preparing to screen for the first time as well as those continuing wit system for in-person, remote, or hybrid instructional environments, we suggest considerations: (1) screen and engage in continued professional learning, (2) What Is Data-Based Decision Making including screening data – to identify students who may need additional su

1. Screen and Engage in Continued Professional Learnir Given the uncertain times, consider the importance of conducting systematic: practice to look for students at the first sign of concern - yet interpret the data research has demonstrated waiting for students to struggle or fail is less than in the proactive practice of screening is highly useful for preventing learning a

What is Tier 2 Support?

Tier 2 practices and systems provide targeted support for students who are not successful with Tier 1 supports alone. The focus is on supporting students who are at risk for developing more serious problem behavior before they start. Essentially, the support at this level is more focused than Tier 1 and less intensive than Tier 3.

Tier 2 supports often involve group interventions with ten or more students participating. Specific Tier 2 interventions include practices such as social skills participating. Specific Tier 2 interventions include practices activates activate account as a production of the groups, self-management, and academic supports. Targeted interventions lift these, implemented by typical school personnel, are likely to demonstrate preffects for up to 67% of referred students. [1] Tier 2 interventions are:

- · Continuously available
- Very low effort by teachers
- · Aligned with school-wide expectation
- · Implemented by all staff/faculty in a school.
- Allocated adequate resources

Student chooses to participate.

What is Tier 3 Support?

PBIS' framework doesn't just work with school-wide and targeted supports. It's also an effective way to address sometimes dangerous, often highly disruptive behaviors creating barriers to learning and excluding students from social settings.

At most schools, there are 1.5% of students for whom Tier 1 and Tier 2 supports have not connected. At Tier 3, these students receive more intensive, individualized support to improve their behavioral and academic outcomes. Tier 3 strategies work for students with developmental disabilities, autism, emotional and behavioral disorders, and students with no diagnostic label at all.

Foundational Systems

Tier 3 practices stem from strong foundations in Tier 1 and Tier 2 supports. With both tiers in place, schools are free to organize individualized teams to support





Enhanced Implementation Resources

Goal: Promote Culture of Wellness



PRIS Cultural Responsiveness Guide: Resources for

n¹, Kent Smith¹, Kent McIntosh², Jennifer Rose³, Sarah Pinkelman⁴

uide outlines an integrated framework to embed equity efforts into le positive behavioral interventions and supports (SWPBIS) by aligning esponsive practices to the core components of SWPBIS. The goal of guide is to make school systems more responsive to the cultures and es that they serve. This quide is part of a 5-point intervention approach ing equity in student outcomes within a SWPBIS approach.

Positive Behavioral Interventions & Supports (PBIS)



May 2019

Break Out Discussion Groups

- Group 1: Immediate Crisis Response
- Group 2: Initial Recovery + Getting Started
- Group 3: Initial Recovery + Strengthening
- Group 4: Intermediate Recovery + Getting Started
- Group 5: Intermediate Recovery + Strengthening
- Group 6: Enhanced Implementation
- 1. Rename yourself with group number first
 - Example: 1.Jen Freeman
- 2. Spend 5 mins reviewing the suggested resources for your phase and stage
- 3. Spend 15 mins discussing action steps you could take within your school/district to support recovery
- Nominate 1 person from your group to share a brief summary of your groups discussion in the chat box when you return



Break



Agenda

- What does emerging from pandemic look like?
- How do we prioritize outcomes post pandemic?

How do we organize supports to meet new student need?

What practices will support academic and SEB growth?

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Pandemic Impacts on Adolescent Development

Physical Social Cognitive Emotional Moral

Increased ability to see nuance and "why" behind rules- forming their own code

Limited opportunities to volunteer/work or "get involved" in community

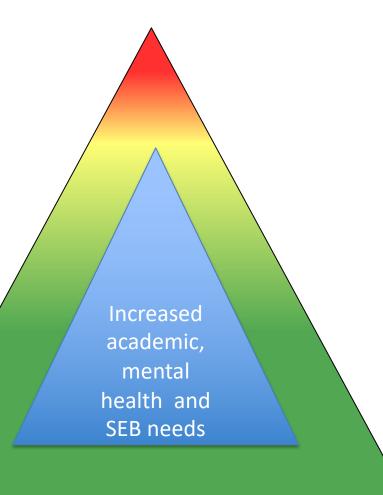
Increased awareness of global interconnections

Increased awareness of the importance of self care





Organizing to Support Many Needs



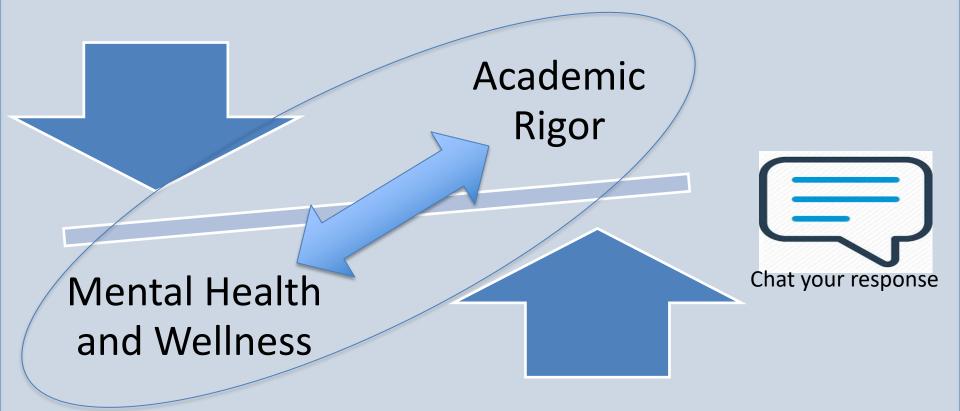
How can we best prepare to meet individual intensive needs?

How do we know who still needs more?
And how do we meet those needs
efficiently?

How do we <u>intensify tier 1</u> to meet more need?



Which do we need more?



Answer: BOTH!



Instruction is a Protective Factor!

- "Normal" in high school includes academics and even some stress.
- Maintaining academic routines can reduce stress and uncertainty.
- Holding high (but appropriate) standards with encouragement and support communicates trust and confidence in student abilities
- Providing flexibility on modality and timing allows for unexpected issues without modifying expectations
- Teaching self-management and wellness strategies and prompting students to use them allows students to handle stressful situations



Not preparing students for what comes next may increase stress both now and down the road



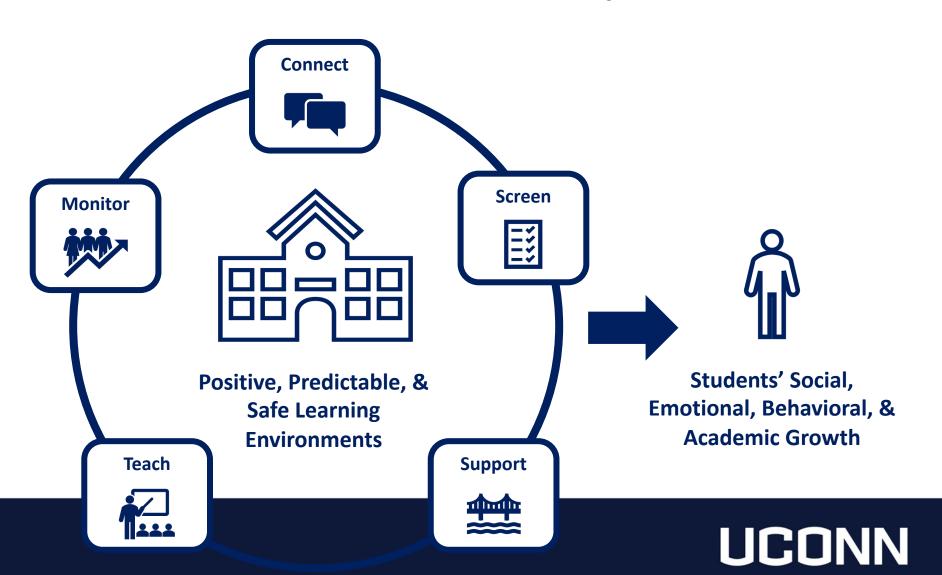
Intensify without Breaking

Increased academic, mental health and SEB needs

Remember: The systems are stressed and everyone's plate is overflowing!

How do we <u>intensify tier 1</u> to meet more need?







Positive, Predictable, & Safe Learning Environments

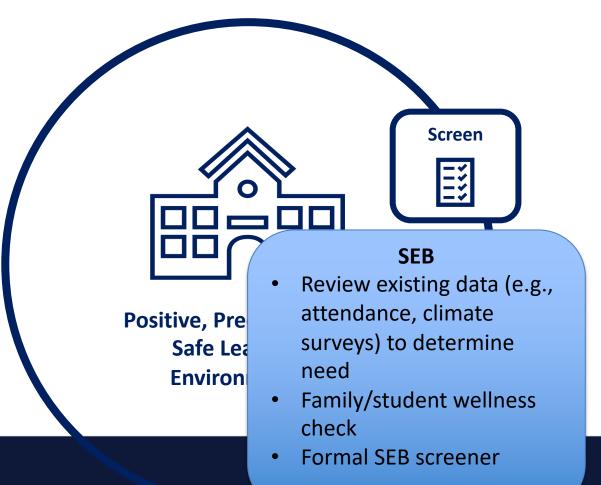
Enhance relationships among educators, students, and families to promote effective communication during times of disrupted learning.

Check in with students daily and with families regularly to identify support needs as they emerge

SEB

- Positive Greetings at the "door"
- Individual and small group "check ins"
- Peer-peer connection time in breakout groups

- Structured group activities
- Represent student culture/experiences in curriculum



Formally or informally screen to efficiently identify students who need more support (related to health, safety, SEB needs, academic concerns).

- Frequently identify academic need through existing data (e.g., course grades)
- Ensure students and families have access to academic data

Establish a safe environment (in class and/or online).

Teach, prompt, and acknowledge predictable routines, positive expectations and SEB skills.

Bridge expectations (teach connections) across settings (e.g., home, school, community).



P

SEB

- Physical arrangement organized and matches instructional needs
- Use matrix to define expectations
- Teach predictable routines e.g., class entry routines and warm ups
- 5:1 ratio of positive: neg comments
- Teach and model routine for asking for help and wellness

- Incorporate

 academic routines
 into matrix
- Clarify learning goals

Effectively teach and prompt critical academic skills, and actively engage students in learning.

Prompt and reinforce expectations and SEB skills throughout instruction.

Provide positive and supportive feedback to support skill development.

SEB

- Active engagement
- Prioritize SEB skills that provide access to and support academic growth

- Prioritize key academic skills
- Offer flexibility on mode/timing and hold high expectations
- Engage a gradual release model
- Frequent feedback





Positive, Predic

Safe Learn

Environme

Continue to monitor implementation and safety, health, SEB, and academic needs to (a) enhance supports for all students and (b) identify students who require more support (Tier 2 or Tier 3) over time.

Match the intensity of monitoring to the intensity of need.

SEB

- Collect and use data on student engagement and SEB skill use
- Develop boosters/practice for areas of need
- Celebrate areas of success

- Regularly monitor comprehension
- Ask students what is and is not working!

Share your Intensified Tier 1 Practices

"Like" posts of others that you have found helpful!

https://padlet.com/jenfreeman09/7wty9x25pydny9vs



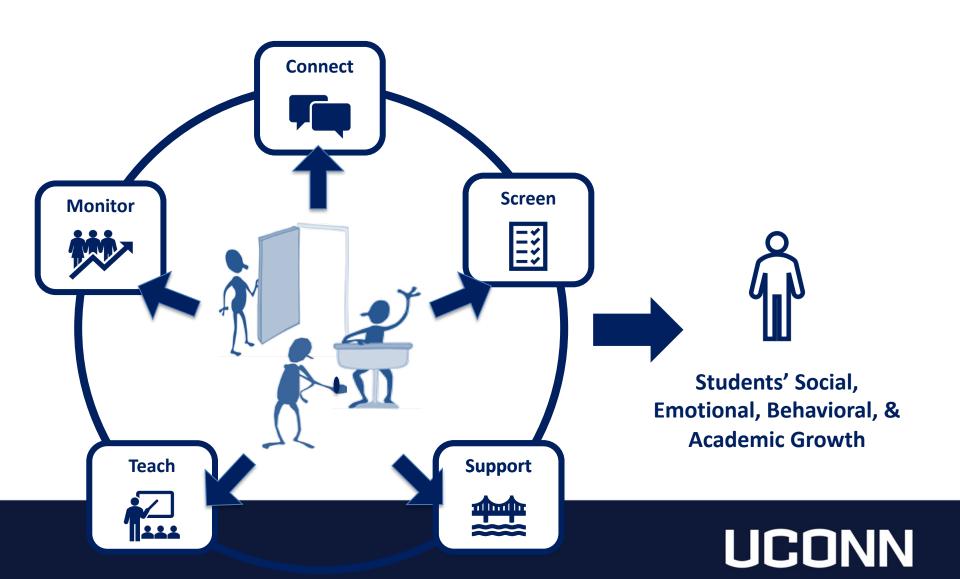


3 Simple Practices that Do It All!

Positive Greetings at the Door

Active Engagement

Specific Feedback (5:1 + to - Ratio)



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- Group 4: Intermediate Recovery + Getting Started
- Group 5: Intermediate Recovery + Strengthening
- Group 6: Enhanced Implementation
- 1. Rename yourself with group number first
 - Example: 1.Jen Freeman
- Identify priority practices to promote BOTH wellness and academics that you can use to intensify your tier 1
- 3. List 3-5 practices in your action plan
- Nominate 1 person from your group to share a brief summary of your groups discussion in the chat box when you return



Agenda

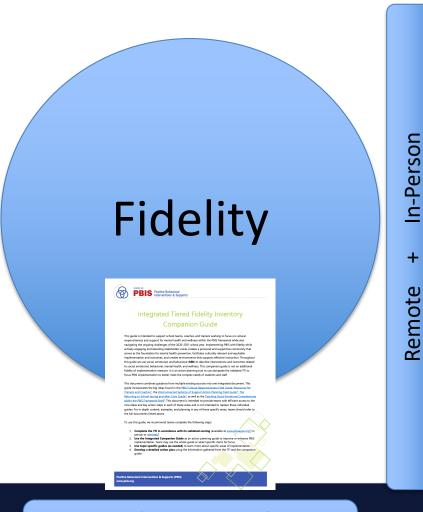
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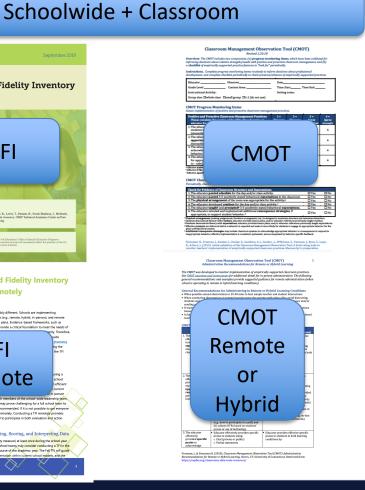
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Data to Guide Implementation

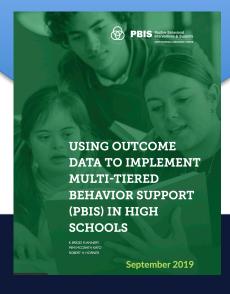


PBIS Statementines & Supports **SWPBIS Tiered Fidelity Inventory** TFI **Conducting the Tiered Fidelity Inventory** and Walkthrough Remotely Remote



Data to Guide Implementation

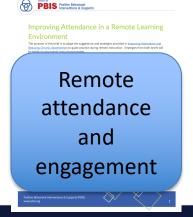




Remote + In-Person

Observed and Perception

ODR
Time out of
Class
Grades





UCUNN

Data-Based Decision Making Process to Support

Implem_f

1. Are core/enhance features of practices implemented with

'elitu?

- Tiered Fidelity Inventory
- CMOT
- Integrated TFI Companion Guide

4. Action plan: How will you enhance implementation (intensify, modify, or select/add features)?

2. Are all individuals achieving desired *outcomes*?

Caution:
More is not
always
better!

3. What is the nature of the problem (who what, why)? Revie data-based decisic

For each box, consider social va

- Office Referrals
- Time out of class
- Mental health screening
- Attendance
- Academic outcomes
- School Climate

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- Group 5: Intermediate Recovery + Strengthening
- Group 6: Enhanced Implementation
- 1. Rename yourself with group number first
 - Example: 1.Jen Freeman
- 2. Identify fidelity and outcome measures that align with your selected practices. Prioritize existing data!
- 3. Identify data sources and implementation plans in your action plan
- Nominate 1 person from your group to share a brief summary of your groups discussion in the chat box when you return



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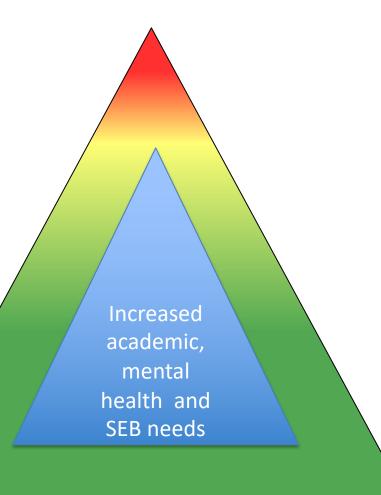
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Organizing to Support Many Needs

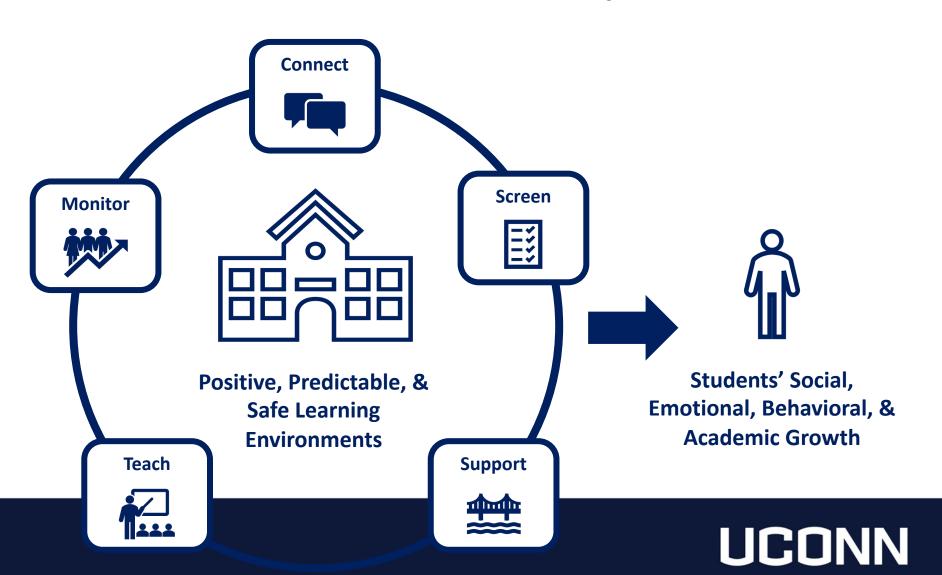


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Data to Guide Implementation

Fidelity



felding tool that allows shook to assess and monitor the felding of all intervention from Cor current goldance Coppell Transfer Intervent Landau Section (1994) and the state of the state

Steps to Conduct a Remote TFI: Collecting, Scoring, and Interpreting Data State teams that Collect a Till go ether TFI Staffy reasonal at least one sharing to action pure To closely motion fieldity and goids action planning, strond teams, may consider conducting 3 TFI in the Tell and Septia, as implementation may sit the collect of collecting 3 TFI in the Tell and Septia, as implementation may sit the collect of collecting 3 TFI in the shoot teams action planning to enhance TFIS implementating within colpers school resides, and gife makes a least an electronic to Action (1996).

Classroom Management Observation Tool (CMOT)

erview. The CMOT includes two components: (a) progress monitoring items, which have been validated for training decisions about relative strengths/needs with positive and proactive desarroom management, and (b) healthist of applicatively-supported by raction features to Took for "pro-inclinally.

Instructions. Complete progress monitoring items routinely to inform decisions about professional

Educator	Observer	Date
Grade Level	Content Area:	Time Start Time End
Instructional Activity:		Setting notes:
Group size: Owhole class	small group 1:1 (do not use)	

CMOT Progress Monitoring Items
Assess implementation of positive and proactive class

Positive and Proactive Classroom Management Practices Flease complete this portion of the CMA after observing an educator for a minimum of 15 minutes of instruction.	1 = Dissigned strongly	2 = Disagree Somewhat	3 = Agree Somewhat	4= Agree strongly
 The educator effectively engaged in active supervision of students in the classroom (i.e., moving, scanning, interacting). 	1	2	3	4
 The educator effectively provided most/all students with opportunities to respond and participate during instruction.⁶ 	1	2	3	4
 The educator effectively provided specific praise to acknowledge appropriate student academic and social behavior. 	1	2	3	4
4. The educator provided more frequent acknowledgement for appropriate behaviors than inappropriate behaviors (* to serie).	1	2	3	4

*Effective OTEs provide opportunities to various numbers of students using various opportunity and response *Effective specific peales names the behavior and is contingent, genuine, and contentually/culturally appropri

Periodicity, check for evidence of the following features of effective classroom managements of the Evidence of Classroom Structure and Expectations

1. The relaxator posted schedule for the day and/or class activity. 2. The relaxator posted 3 Spositivity trained helazionic appreciations in the classroom Yes. 3. The physical arrangement of the room was appropriate for the activity of the school of
3. The physical arrangement of the room was appropriate for the activitys □ Yes □ Y
The educator developed routines for the day and/or class activity. Yes 1
S. The educator taught' and prompted: 3-S positively stated behavioral expectations.
6. The educator selected and implemented additional consequence strategies. if
appropriate, to support student behavior.

Simonsen, B., Freeman, J., Kooken, J., Dooley, K., Gambino, A. J., Gordon, L., Wilkinson, S., VanLone, J., Byan, S., Lu, K., & Kern, L. (2019). Initial validation of the Classroom Management Observation Tool: A brief rating scale to

Outcomes





The School Climate Survey is now available on PBIS Assessment. Coordinators set up windows for students in your building to take the survey according to your evaluation schedule. Here's some information to help get you started with the latest curvey added to PBIS Assessment.

Schoolwide + Classroom Remote and In-Person

Observed and Perception

Thank you!

Questions?

jennifer.freeman@uconn.edu















MAY Mindfulness Educator Wellness CHALLENGE for PBIS Implementers MONDAYS 2:00 p.m. to 3:00 p.m. PST



The impact and intersection of **Adult Wellness** with implementation of **PBIS Systems**, **Practices and Data**

